



**A ONE STOP PATIENT
MANAGEMENT SOLUTION FOR
HEALTH CARE PROVIDERS**



Do you find following up with tuberculosis patients throughout their treatment journey challenging?

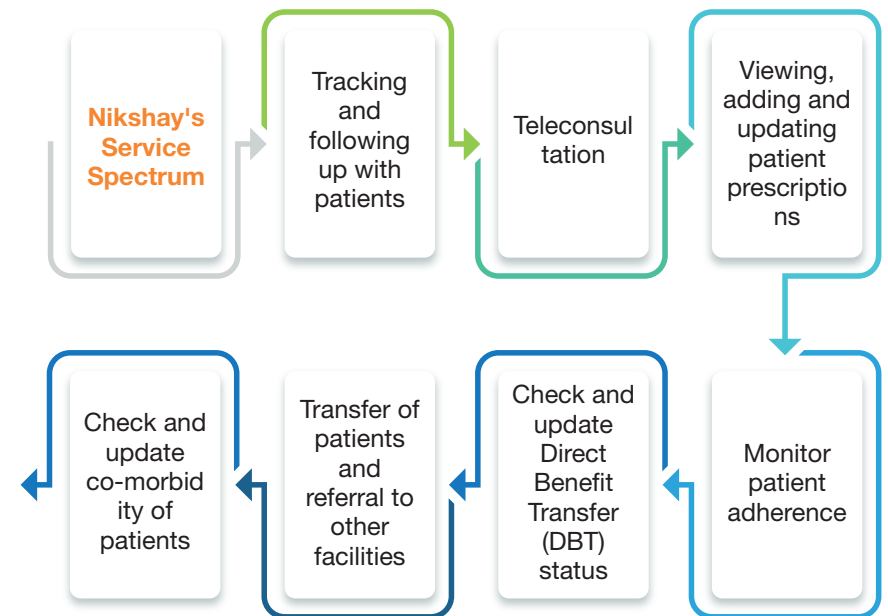


Are you worried about your TB patients' treatment adherence?



Do you believe a simple and comprehensive system available at your fingertips can ease your patient management woes?

NIKSHAY is the answer to all your requirements! Nikshay is an integrated Information and Communication Technology system for tuberculosis patient management and care in India. Nikshay was launched in 2012 and has evolved significantly to make patient management easier and more effective for health care providers and their support staff. It is very simple to access as well! Simply download the mobile application on your Android phone through Play Store or login through the website www.nikshay.in with your username and password.



To make use of Nikshay simpler and beneficial for both patients and doctors, Nikshay is:

Free to use

Nikshay is absolutely free to use and has both web and mobile applications for easy access.

Incentive based

For every notified TB patient and every successful outcome, providers are incentivized with INR 500 each directly transferred to their bank account (DBT). To avail DBT benefits, providers must share their bank account details.

TB treatment is long. Patients tend to become careless about their treatment once they start feeling better which increases the risk of developing MDR TB. Keeping a track of all TB patients throughout their treatment used to be a challenge. Since using Nikshay, not just follow-up with patients, but checking their treatment adherence and scheduling their visits has become a cakewalk! Not just my staff, the patient also benefits a lot through Nikshay's various services.



Dr. Sandeep Nayar,
Senior Director and Head of the Department,
Chest and Respiratory Diseases, BLK Hospital, Delhi.

Nikshay's detailed patient profile includes diagnostic tests, treatment initiating date, co-morbidities, last follow-up date and option to update their treatment adherence. Managing a TB patient throughout 6 or months of their treatment has never been easier. Earlier, we used to lose TB patients at some point during their treatment. Now with all details available at a single platform, ease of follow-up and patient management has never been better.

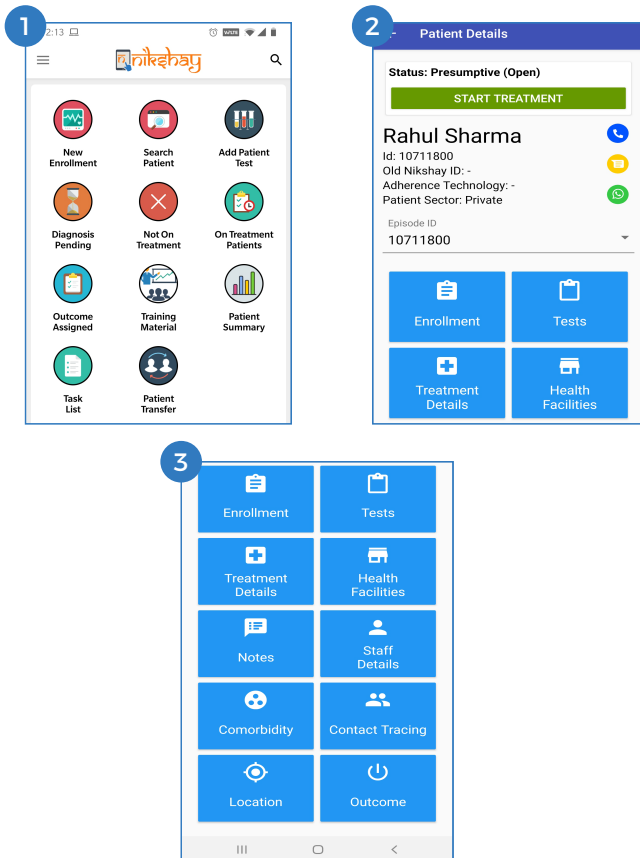


Dr. Bhavesh Vaghani,
Chest Physician and Allergy Specialist,
Swaas Chest and Allergy Clinic, Surat

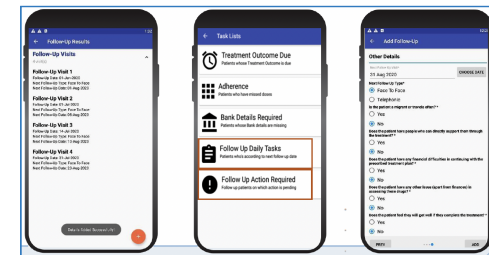
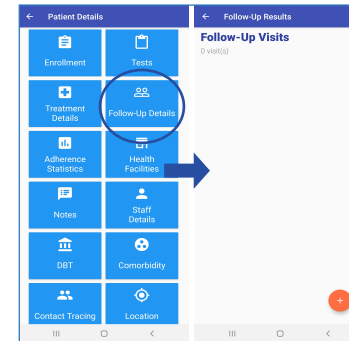
Key Value Additions of Nikshay

Tracking patients and follow -up:

- Each patient's profile is maintained in Nikshay along with episode wise information - Current and previous (if any)
- List of all your patients is easily accessible on a single click
- To find a specific patient, 'Search Patient' option could be used. Patient could be searched by Name, or Nikshay ID.
- Within a patient's record, patient's details, including Demographics, Tests, Treatment, Adherence, Prescription, DBT (Incentive payment), Comorbidity details etc. can be viewed

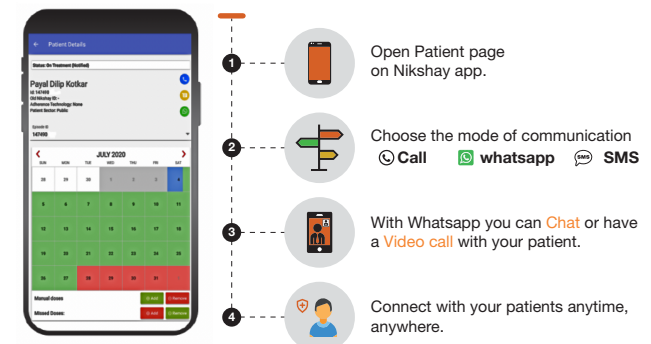


Nikshay also allows easy follow up with patients and the option to keep a check on their visits through the 'Follow-Up Details' tab on the patient profile. This option is only applicable for on-treatment patients.



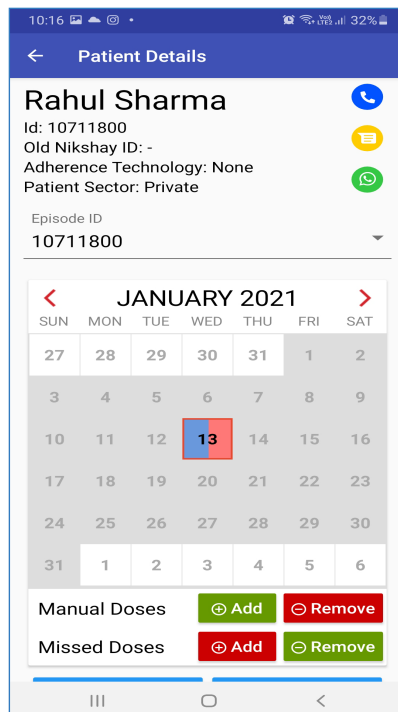
Teleconsultation

- Nikshay allows you or your staff to directly call, text or Whatsapp a patient from their profile. This eliminates the need to register patients' contact details on your phone device.



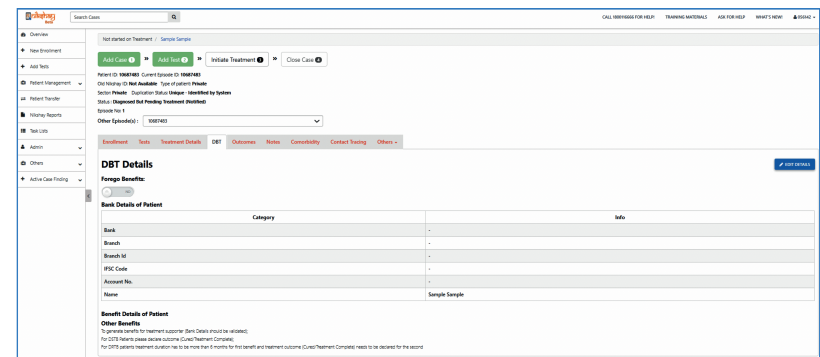
Monitor Patient's Adherence

- As soon as the patient's treatment details are entered and, patient's status changes to "On treatment", "Adherence" section is displayed
- Nikshay is integrated with ICT Based refill monitoring and adherence technologies.
- The Adherence Calendar can be manually updated for missed dose or dose taken
- Adherence details for a date range can be updated by selecting multiple dates
- Tags (Remarks) can also be added for later reference
- 'Adherence Statistics' tab in the patient profile also allows reviewing details like adherence percentage, missed doses, monitored doses, last dosage etc.
- Furthermore, patients enrolled on Nikshay also receive text messages on their registered mobile phone updating them about their progress and treatment adherence reminder.

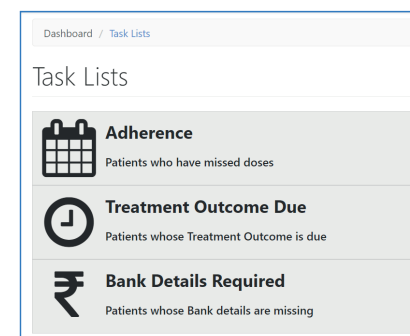


DBT Status

- Under the Nikshay Poshan Yojana, all TB patients receive support of INR 500 per month for the duration of their treatment from the Govt. of India to support their nutritional requirement. This amount is directly transferred to their bank account through DBT (Direct Bank Transfer). Hence, collection and validation of patients' bank details is very important.
- You or your support staff can add and/or edit your patients' Bank details. This will enable your patients get their incentives as per the schemes launched by the Government of India



- The 'Tasklist' in Nikshay web application allows you to see the list of your patients whose bank details are still missing along with details of adherence and treatment outcome due. Through 'Tasklist', patients' profile can be accessed by clicking on their names on the list to add/edit their DBT details.



Dashboard / Task Lists

Task Lists

Adherence (0) Treatment Outcome Due (0) Bank Details Required (1)

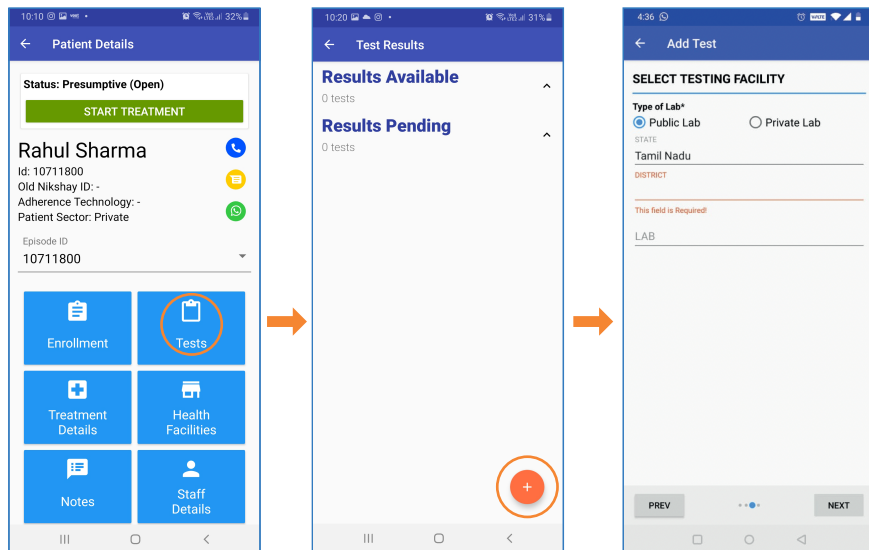
Please provide Bank Details for these Patients

Show Columns Search

ID	Name	Patient Type	Contact #	Date of Diagnosis
10687483	Sample Sample	IndiaTbPrivate	9876543210	2020-08-06

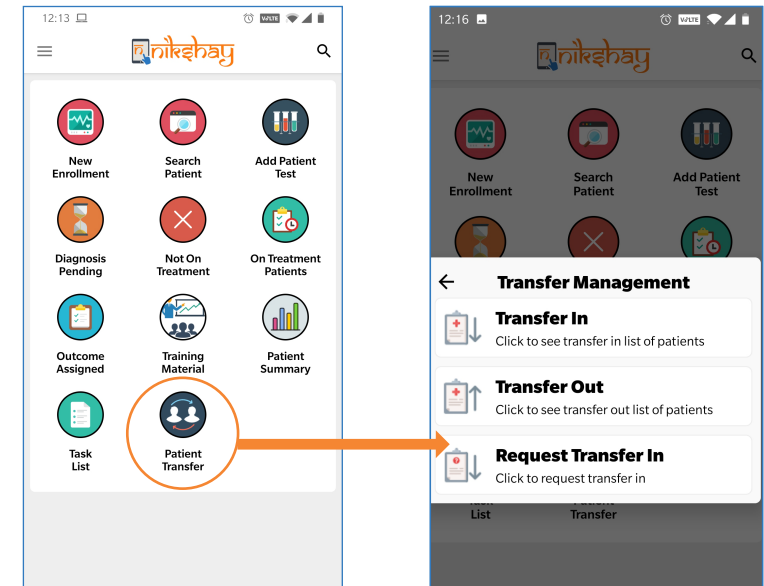
Refer patients to free public sector facilities for free diagnostic, follow-up, and comorbidity tests, without transferring them

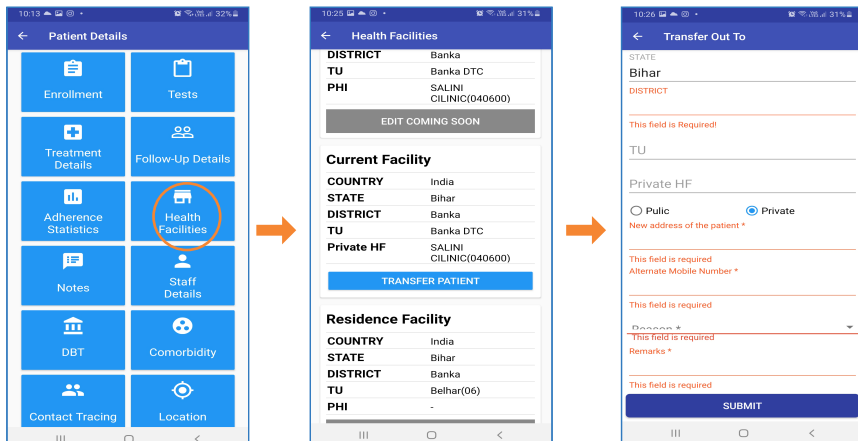
- Nikshay also allows you to refer tests for their patients in the public sector without transferring them to the public sector. Simply select 'Tests' in patient's profile and add a new test. After filling in details of the test, you can decide where you can refer the patient to take the test – public sector or private sector.



Transfer patients to other locations

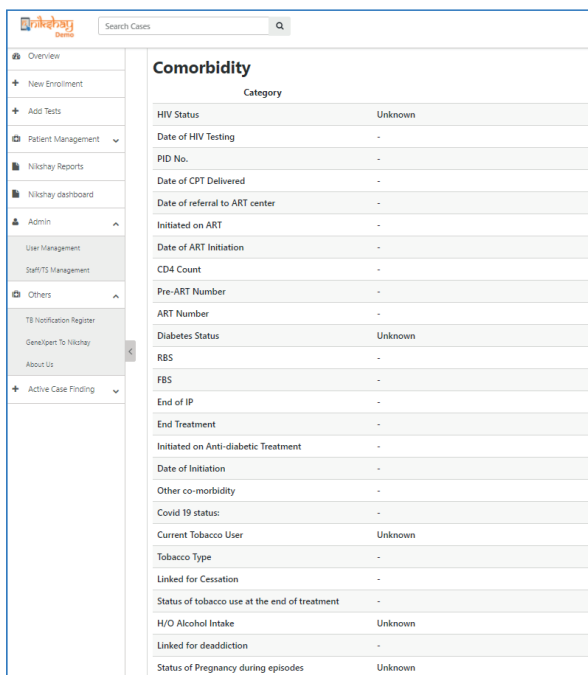
- Nikshay web and mobile applications enables transfer of patients between health facilities across the country depending on patient's movement
- Select 'Patient Transfer' on the menu. 'Transfer-In' shows the list of patients transferred in from other districts to your district pending acceptance. 'Transfer-Out' shows list of patients transferred out from your district to another district pending acceptance. The 'Request Transfer In' initiates transfer-in request for patients who are currently in another district.
- Patients can be transferred out to other facilities by selecting 'Health Facilities' from your patient's profile and selecting 'Transfer patient' in the 'Current Facility' section.





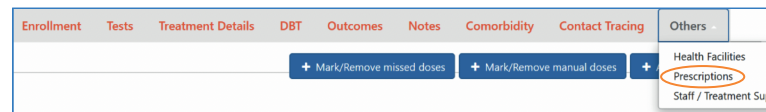
Comorbidity in patients

To view, add or edit comorbidity, on the web app, go to the patient profile, 'Co-Morbidity' tab and check/ edit the details. Nikshay includes comorbidity details like HIV status, RBS, COVID-19 status, alcohol and tobacco use history, pregnancy related information etc.

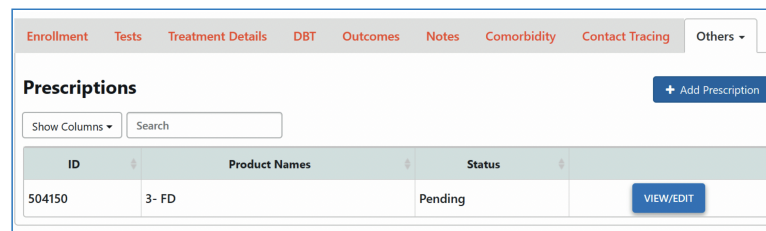


Prescription

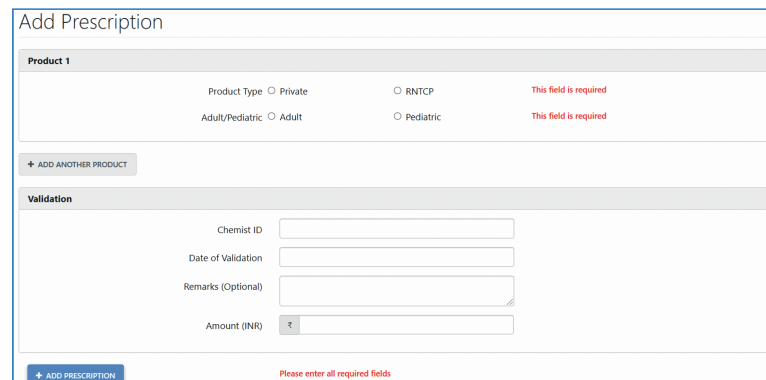
- Nikshay allows adding prescription related details as well. This is very helpful to keep a check on patient's progress – especially when a patient is a 'Transfer In or Out' case.
- In the web app, in the patient profile, 'Prescription' tab shows after clicking on the 'Others' tab.



- Selecting the tab shows existing prescription details already added in Nikshay and also the option to add a new prescription.



- Selecting the 'Add Prescription' tab allows filling details in product type and age group. Nikshay also has an additional feature to validate the prescription through Chemist IDs.



Contact Tracing

- a. Nikshay has simplified contact tracing for TB patients. In both the web and mobile application, under patient's profile, the 'Contact Tracing' app allows adding, editing and/or viewing patient's family members' details like no. of family members above and under 6 years of age, family members screened, showing symptoms, evaluated, diagnosed and put on treatment.

The screenshot shows the 'Contact Tracing' section of the Nikshay interface. It features a navigation bar at the top with tabs for Enrollment, Tests, Treatment Details, Adherence, DBT, Outcomes, Notes, Comorbidity, Contact Tracing, and Others. The main content is divided into two sections: 'Age > 6 Years' and 'Age < 6 Years'. Each section contains a list of data entry fields for various metrics.

Age Group	Metric	Value
Age > 6 Years	No. of household contacts	5
	No. of screened	1
	No. with symptoms	1
	No. evaluated	0
	No. diagnosed	0
	No. put on treatment	0
Age < 6 Years	No. of household contacts	1
	No. of screened	0
	No. with symptoms	0
	No. evaluated	0
	No. diagnosed	0
	No. put on treatment	0

- b. Contact tracing on Nikshay also allows adding all chemoprophylaxis details for children under 6 years of age.

The screenshot shows the 'Child #1 (< 6 years old given chemoprophylaxis)' form. It includes fields for Name, Weight (Kg), Dose (mg), and a series of monthly monitoring fields from Month 1 to Month 6. At the bottom, there are buttons for '+ Add Child (< 6 years old given chemoprophylaxis)' and '- Remove Child'.

Field	Value
Name	Sample
Weight (Kg)	12
Dose (mg)	
Month 1	
Month 2	
Month 3	
Month 4	
Month 5	
Month 6	

Use this One Stop Solution - made available at your fingertips - for your TB patients' management.

We have strived to make Nikshay highly comprehensive and simple to use. We continue our efforts to ease management of TB patients for you by continuing to improve Nikshay.

We are keen for your continued support in our efforts to eliminate TB from India by 2025!

For more information, log on to: nikshay.zendesk.com or write to us at email@domainname.com



Dr. Jaykumar Mehta,
Consultant Interventional
Pulmonologist,
Zydus Hospital, Ahmedabad.

Nikshay has made management of TB patients simpler, smarter, effective and comprehensive. A wide spectrum of services including patient's health record, diagnosis, treatment, monitoring treatment adherence and refill monitoring, follow-up, contact tracing and even monitoring patient treatment when they migrate to other cities, makes Nikshay a one stop solution for TB patient management. By ensuring successful outcomes of more and more patients by following up with patients till the end of their treatment, we are bringing India closer to the goal of eliminating TB from India by 2025!

#TBFreeIndia #EndTB2025

