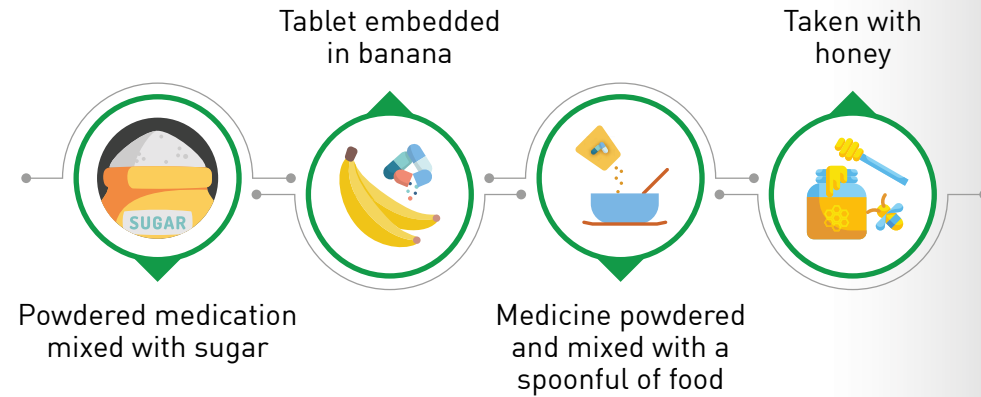
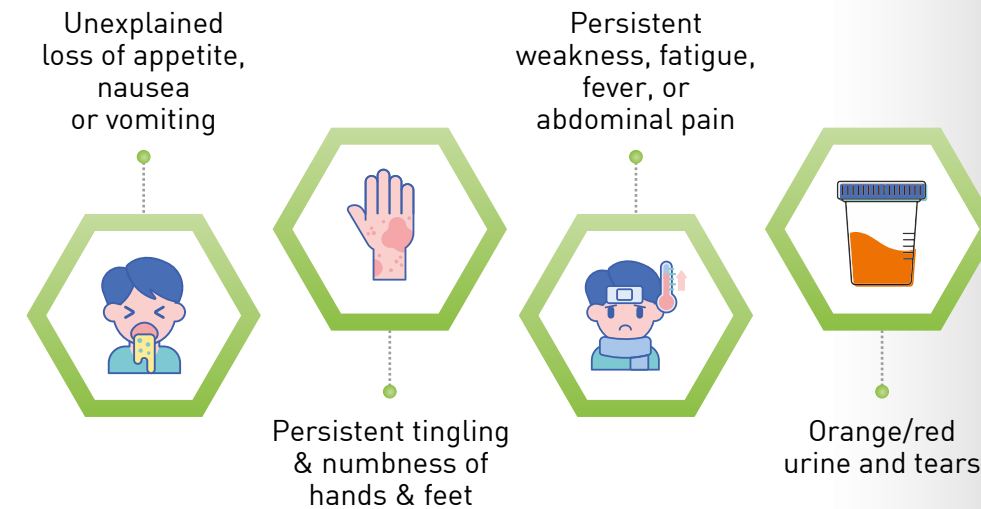


Simple ways to take medicine



Patients on treatment for TB infection can sometimes experience some discomfort due to the medication, including



Side-effects are manageable and should not stop you from taking your medication.

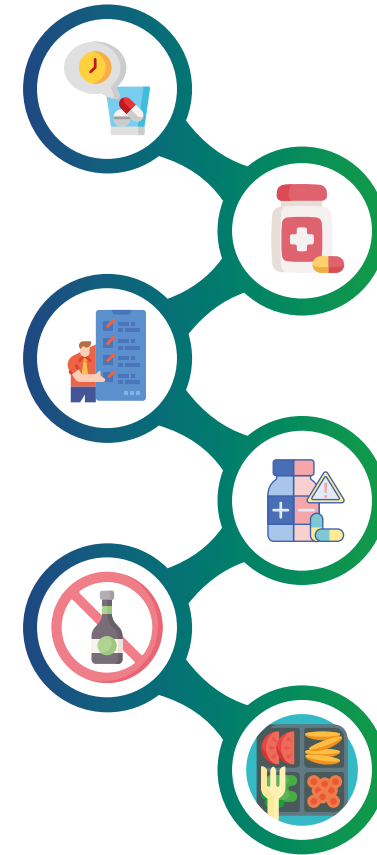
Beat TB before you get it

Take all the medication as prescribed and complete its full course.

Take your tablets at the same time every day.

Ask a family member or friend to remind you to take your tablets every day.

Take your medicine between meals and avoid alcohol and tobacco consumption.



Store your medicines in a cool and dry place. Take each pill out, only when you are immediately consuming it.

There may be side effects. Tell your doctor or nurse about them.

Try to maintain a nutritious diet.



PROTECTING YOURSELF, AND YOUR FAMILY FROM TUBERCULOSIS

Project JEET

Project JEET is a joint effort to root out TB. We aim to provide every TB patient with the right information, tests, treatments and suggestions throughout their treatment journey. Under Project JEET, along with care for TB patients, efforts are being made to protect their families from TB disease. By spreading awareness about TB infection and treating TB infection at the right time, TB can be defeated before it occurs.

Project JEET, in collaboration with the government of India, is working in every nook and corner of the country to help millions of families with the right information, diagnosis and treatment of TB and TB infection.

Project JEET representative: _____

Contact no. _____



Joint Effort for Elimination of Tuberculosis

Tuberculosis (TB)

TB is a communicable disease which spreads when someone with TB coughs or sneezes.

When the TB bacteria is released into the air, one of three things will happen

If you breathe in TB bacteria



Your body kills off the TB bacteria so they cannot harm you now or in the future; or



The TB bacteria make you ill - this is called **Active TB**



The TB bacteria remain asleep in your body - this is called **TB infection**

Active TB

If you or any family member shows symptoms like



Cough, fever



Night sweats



Unexplained weight loss, and in children, no weight gain



Loss of appetite

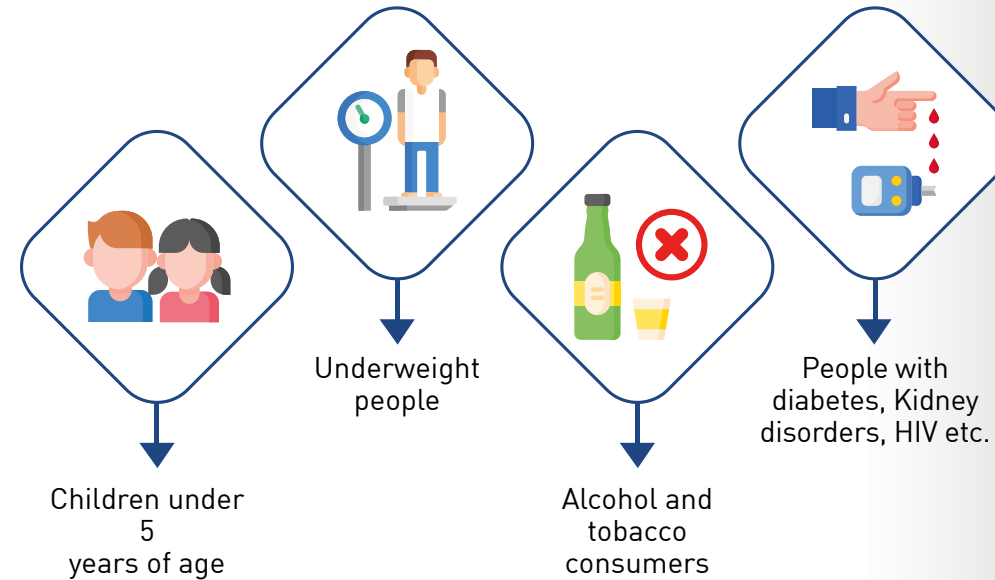
Consult a doctor immediately

TB Infection

TB infection is a condition in which TB bacteria live in the body, but they remain sleeping or inactive due to the immune system of a healthy body. If the immune system weakens in the future for any reason, these bacteria can become active in the body and make a person sick.

But, no need to fear as TB infection can be treated to prevent it from becoming active TB.

Individuals at high risk of developing TB from TB Infection



If you or a loved one have been in contact with a TB infected person, this puts you and them at risk of developing TB as well.

Diagnosing TB Infection

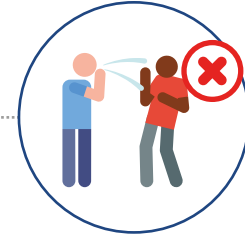
If you have TB infection



You are not sick



You will not have signs and symptoms



You cannot pass TB on to others

But you are at risk of getting TB

Doctors can diagnose TB infection with a blood or skin test.



A course of medicine can kill the TB bacteria before they have a chance to wake up and turn into active TB.

Treatment of TB Infection:



Duration of treatment **up to 6 months**

Make your and your loved ones' future TB-free by treating TB infection!